

Most parents know the dangers of alcohol, and they make sure to talk to their kids about the effects of drinking, but that doesn't stop their kids from doing it.

Kids nowadays find ways of getting their hands on alcohol, whether it be older friends or stealing. Parents cannot monitor their kids all of the time so it is easy for them to get away with it. There needs to be a way for parents to monitor their kids. If parents can keep a close connection with their children then they could keep them from drinking. Parents can tell their kids the negative effects of drinking and create a system where they can keep track of their children.

Teens have a very busy and social lifestyle so it's hard to keep track of them. When teens go out with their friends they will most likely be influenced to go out and drink and they usually fall under peer pressure and accept. Parents can keep their kids from drinking by coming up with a system that will help them monitor their kids. When your kids want to go out parents should get information on who, what, when, where, how, and maybe even why. With this information you will now know where your teen is and feel a little more comfortable. This, however, is not the only thing parents should do. Even if kids tell their parents what they are going to do they still aren't those perfect little angels parents had hoped that they were. Teens can still fall under peer pressure and do what they told their parents what they would do. To keep this from happening, parents should call their teens hourly to check up on them. If something doesn't sound right when they call, maybe a little slurring in their kids voice, then it's time to get them and bring them home. If parents want their kids to be even less likely to go out and drink they should tell their kids the dangers of drinking irresponsibly.

Drinking is very dangerous. This is what parents tell their kids all the time, but do they actually tell them how it is dangerous? Do they tell them what could happen to them if they decide to drink? Alcohol can harm your body in many ways. It can make you gain weight, make you feel sick, give you bad breath, make you clumsy, slur your speech, make your skin break out, and make you feel out of control. These are just some of the more minor problems with drinking alcohol but there are some more serious problems with drinking, such as the heart can beat so irregularly that it can stop,

the body can lose temperature causing hypothermia, and breathing can become so shallow that it can stop. If parents told this to their kids they would be less likely to start drinking in fear of losing their own lives. The best way to keep kids from drinking is to tell them about this as early as possible. Even though you aren't the last influence in your teen's life you are the first.

Kids are hard to control and parents know that. If they can monitor their kids and influence them not to drink in their early life less kids will begin to drink later in life. If parents cared about their children they would take this advice and stop their kids before they lose their life to drinking.